## Post-Concussion Symptom Inventory for Children (PCSI-C) Pre/Post Version 5 to 12

| lame: | Today's date: | Birthdate: | Age | Grade: |
|-------|---------------|------------|-----|--------|
|-------|---------------|------------|-----|--------|

Instructions: We would like to know if you have had any of these symptoms before your injury. Next, we would like to know if these symptoms have changed after your injury.

I am going to ask you to tell me about your symptom at two points in time - Before the Injury and Yesterday / Today. Interviewer: Please circle only one answer.

|    | 0 = No 1 = A little 2 = A lot  | Inj | fore t<br>ury /P<br>Injury | re- | Syn<br>Ye: | urren<br>nptor<br>sterd<br>I Tod | ns/<br>ay |
|----|--|-----|----------------------------|-----|------------|----------------------------------|-----------|
| 1  | Have you had headaches? Has your head hurt?  | 0   | 1                          | 2   | 0          | 1                                | 2         |
| 2  | 2 Have you felt sick to your stomach or nauseous?  |     | 1                          | 2   | 0          | 1                                | 2         |
| 3  | 3 Have you felt dizzy? (like things around you were spinning or moving)  |     | 1                          | 2   | 0          | 1                                | 2         |
| 4  | 4 Have you felt grumpy or irritable? (like you were in a bad mood)   |     | 1                          | 2   | 0          | 1                                | 2         |
| 5  | Has it been hard for you to pay attention to what you are doing? (like homework or chores, listening to someone, or playing a game)          |     |                            | 2   | 0          | 1                                | 2         |
|    | Continue if age 8 or older   |     |                            |     |            |                                  |           |
| 6  | Have you felt more drowsy or sleepy than usual?  | 0   | 1                          | 2   | 0          | 1                                | 2         |
| 7  | Have bright lights bothered you more than usual? (like when you were in the sunlight, when you looked at lights, or watched TV)              | 0   | 1                          | 2   | 0          | 1                                | 2         |
| 8  | Have loud noises bothered you more than usual? (like when people were talking, when you heard sounds, watched TV, or listened to loud music) | 0   | 1                          | 2   | 0          | 1                                | 2         |
| 9  | Have you had any balance problems or have you felt like you might fall when you walk, run or stand?  | 0   | 1                          | 2   | 0          | 1                                | 2         |
| 10 | Have you felt sad?   | 0   | 1                          | 2   | 0          | 1                                | 2         |
| 11 | Have you felt nervous or worried?  | 0   | 1                          | 2   | 0          | 1                                | 2         |
| 12 | Have you felt like you are moving more slowly?   | 0   | 1                          | 2   | 0          | 1                                | 2         |
| 13 | Have you felt like you are thinking more slowly?   | 0   | 1                          | 2   | 0          | 1                                | 2         |
| 14 | Has it been hard to think clearly?   | 0   | 1                          | 2   | 0          | 1                                | 2         |
| 15 | Have you felt more tired than usual?   | 0   | 1                          | 2   | 0          | 1                                | 2         |
| 16 | Has it been hard for you to remember things? (like things you heard or saw, or places you have gone)   | 0   | 1                          | 2   | 0          | 1                                | 2         |
| 17 | Have things looked blurry?   | 0   | 1                          | 2   | 0          | 1                                | 2         |

All Ages- Do you feel "different" than usual? (Circle one) 0=No 1=A little 2=A lot

| PCSI Total Symptom Score | Pre= | Post= |
|--------------------------|------|-------|

| Subscale scores     | Physical | Cognitive | Emotional | Fatigue |
|---------------------|----------|-----------|-----------|---------|
| (Age 8-12) Pre/Post | 1        | 1         | 1         | 1       |

